

# Lakeside Sunflower

*Helianthus carnosus*



**Family: Asteraceae**

**Native Range: Endemic species native to East Coast of Florida**

**Description: Short lived perennial; basal rosette flower stalk to 2ft.**

**Flowering season: Fall to winter**

**Exposure: Full sun to partial shade**

**Moisture: Wet to moist  
Not Salt Tolerant**

**USDA Hardiness Zone: 8-10**

