

# Bog Hemp

*Boehmeria cylindrica*



**Family: Urtica**

**Native Range: Southeast North America to South Florida**

**Description: Short Lived Perennial**

**Flowering season: Spring to Fall**

**Exposure: Full shade to part sun**

**Moisture: Moist to average**

**USDA Hardiness Zone: 8-11**

**Host to the Red Admiral Butterfly**

